

**MANGALORE UNIVERSITY
MANGALAGANGOTRI, MANGALORE – 574199.**

SYLLABI

for

CERTIFICATE PROGRAMME IN HAIR AND BEAUTY THERAPY (HBT)

And

DIPLOMA PROGRAMME IN DESIGNING AND TREATING HAIR (DTH)

**CERTIFICATE PROGRAMME
IN
HAIR AND BEAUTY THERAPY (HBT)**

PROGRAMME OUTCOMES:

After successful completion of the certificate, student will be able to;

- understand this sector and explain the importance of the same today.
- educate and experiment on an alternative employment
- make the student economically independent
- contribute to the health sector from beauty point of view

THEORY - COURSE - 1

FUNDAMENTALS OF HAIR AND BEAUTY THERAPY

04 Hours Per Week
75 Hours

COURSE OUTCOMES:

- ❖ Acquire basic understanding of hair, its treatment and beautification
- ❖ Get a broader perspective of the profession
- ❖ Understand the present status of the profession

UNIT: 1

Introduction;. Hair and Hair designing: Meaning, Definitions; Nature and Scope Hair and hair designing; Procedures of hair designing. Approaches - Historical and Modern approaches; Sources of the study- historical and modern sources; Priorities amongst men and women. Purpose and personnel involved in the therapy.

UNIT: 2

Hair science in India- Scope of hair science; medical and general understanding; Hair and hair treatment in India; Kinds and Nature; purpose and success stories of hair treatments; hair treatments and challenges in the sector today-group discussions.

UNIT: 3

Importance of understanding the texture and density of the hair. Beautifying hair; Methods of beautifying; beautifying hair both in men and women; Hair and Skin therapy- Kinds and Scope of skin therapy; relationship between hair and skin; Skin depilation-Meaning and kinds and first aid in India-success stories.

UNIT: 4

Professional ethics in hair and skin therapy; Meaning, definitions and scope of ethics; demonstrations of model therapy centers, financial issues in the therapy sector and clients' opinions, Visit to various Hair and Beauty Clinics and reporting.

REFERENCES:

- 01. PROFESSIONAL HAIRDRESSING:** The Official Guide to S / NVQ Level 3 (City & Guilds) Martin Green and Leo Palladino, 5th Edition (2007)
- 02. AESTHETIC DERMATOLOGY:** Current Perspectives, Jaishree Sharad and Maya Veda Murthy, Jaypee Brothers Medical Publishers; 1st Edition (2018)
- 03. SKIN And HAIR,** J S Paricha and Ramji Gupta, National Book Trust, Delhi (2015)
- * **04. THE CARE OF THE SKIN AND HAIR,** William Allen Pausey, Nabu Press (2010)

PRACTICAL COURSE - 2

WORKING CULTURE AND HANDS ON EXPERIENCE

Week **04 Hours per**
75 Hours

Course Objectives:

After successful completion of the certificate, student will be able to;

- grasp the seriousness of the sector.
- reflect on the existing practices of therapy.
- educate and experiment on the skill to manage a clinic.
- make the student confident in handling customers.

UNIT: 1

Treatments and fundamentals:

Treatment of hair and skin; getting familiarized with treatment instruments; providing best service to customers; setting up treatment place and being hygienic.

UNIT: 2

Massage Therapy:

Different methods, Massage and fairness; Skin and body therapy – major concerns with both customers and service provider

UNIT: 3

Colouring stage:

Making Color combinations on hair, face and body; Color Materials available and their importance-demonstrations; Basics to be observed in color combinations-precautionary measures

UNIT: 4

Infrastructure:

Understanding Infrastructure in hair and beauty therapy clinic; Kinds of Infrastructure; making it aesthetic and professional; training the Personnel involved in Hair and beauty therapy clinic; making experience authentic.

REFERENCES:

01. **STYLING AT THE TOP** – Shivrama Bhandary,
Jayashree Shetty, Manjula, Publishing House, Bhopal (2019)
02. **THE CARE OF THE SKIN AND HAIR**
William Allen Pausey, Nabu Press (2010)
03. **SKIN RULES**
Jaishree Sharad, Kindle Edition (2018)
04. **PROFESSIONAL HAIRDRESSING:**
The Official Guide to S / NVQ Level 3 (City & Guilds)
Martin Green and Leo Palladino, 5th Edition (2007)

**DIPLOMA PROGRAM
IN
DESIGNING AND TREATING HAIR (DTH)**

PROGRAMME OUTCOMES:

After successful completion of the Diploma, student will be able to;

- realize the importance of Hair and its maintenance.
- establish the profession as a mainstream profession with sound footing.
- help to establish a firm and become an employer.
- integrate this profession into a larger economic activity.

THEORY COURSE - 1

INTRODUCTION TO HAIR TREATMENTS

Week

04 Hours per

75 Hours

Course Objectives:

- ❖ To make the students understand the importance of Hair treatments
- ❖ To explore different ideas of hair treatments
- ❖ To understand the concept of hair treatments

UNIT: 1

Classical method:

Introduction; meaning and benefits of understanding classical method of hair treatments; Importance; lessons from classical Method of hair treatments – internal

and external treatments, procedures followed, conditions imposed to customers and discussions on the classical methods of treatments.

UNIT: 2

Medieval methods:

Introduction; meaning; benefits of understanding the medieval methods of hair treatments; Importance, ruled and ruling class methods [use of oil] of hair treatments; servants and hair treatments in medieval period, lessons from medieval methods, procedures followed and photo evidences and discussions on the medieval method.

UNIT: 3

Modern methods:

Introduction, meaning and benefits of understanding modern methods of hair treatments; Importance; identifying the problems of the customers; oil massage-kinds of oil massages, shampoos; soaps, use of steam; water therapy, use of combs, trimming periodically and shaving off the head of hair and hair treatment as a profession.

UNIT: 4

Field visit and survey report and group discussions,
Investigations on different methods of treatment on hair.

REFERENCE:

01. **FACIAL ANALYSIS and HOMEOPATHY** (Fulfilling Hahnemann's Legacy), Grant Bentley, B. Jain Regular; First Edition (2011)
02. **FUNDAMENTALS OF HAIR & SCALP DERMOSCOPY (POD)**
Isabella Doche, Co-Editors - Patricia Damasco & Giselle Martins
Jaypee Brothers, Medical Publishers; (2019).
03. **THE CARE OF THE SKIN AND HAIR**, William Allen Pausey, Nabu Press, (2010)
04. **SKIN And HAIR**, J S Paricha and Ramji Gupta, National Book Trust, Delhi, (2015)

THEORY COURSE – 2

HAIR AND HAIR CUTTING INDUSTRY

04 Hours per Week

75 Hours

COURSE Objectives:

- ❖ Students understand the importance of hair cutting industry
- ❖ Will explore the idea of making it creative
- ❖ Will understand the modern concepts in hair cutting

UNIT: 1

Present status of the industry; Introduction; meaning, nature and kinds of hair cutting industry; present status of the industry in India and abroad, Breaking social boundaries and implications. Growing opportunities for employment and discussions on challenges in the industry.

UNIT: 2

Modern market mechanism: Meaning and definitions of market and market mechanisms; scope and importance of understanding it, choices and scientific innovation in market today – creams, gel and modern equipment advertisements; use of celebrities, use of social media and its implications

UNIT: 3

Materials: Introduction, meaning, nature and importance of materials in industry, evolution over the years- from classical to ultra-modern materials- major shifts from scissors to trimmers. Technological trends and customer reactions - experience sharing from experienced hair designers

UNIT: 4

Structured existence: Meaning and importance of the structure in industry; Making a salon/ hair cutting salon, beauty parlor, hair workshop, hair clinic; beauty salon etc, use of location; designing a salon, use of light, infrastructure and modern perspectives .

REFERENCES:

- * 01. **COMPLETE BOOK OF HAIRSTYLING**
Charles Worthington, Firefly Books Ltd (2009)
- * 02. **NVQ HAIRDRESSING LOGBOOK** (Level 2)
Melanie Mitchell, City & Guilds (2015)
- * 03. **NVQ DIPLOMA IN BARBERING LOGBOOK**
(Level 3), Adam Sloan, City & Guilds (2015)

THEORY COURSE – 3

SAFETY AND MEASURES TO TREAT CUSTOMERS

**04 Hours per Week
75 Hours**

Course Objectives:

After successful completion of the Diploma, student will be able to;

- ❖ understand the importance of safety
- ❖ study the safety measures in the industry
- ❖ understand the requirements of the customers
- ❖ understand the economics and investments in the industry

UNIT: 1

Introduction: Hair and Safety; Meaning and nature; importance; scope; Kinds of safety and measures to treat customers ; hair as an Integral part of the human body- explanation and importance of understanding it, different methods of protecting hair. Expert's opinions, comparative studies.

UNIT: 2

Hair and Hygiene : Meaning ,nature and Importance and implications; case study reports and discussions on the reports; Methods of hygiene and health reports, experts' opinion sharing and discussions on the customers opinions.

UNIT: 3

Hair and Mental Health: Introduction. Importance of understanding the relation between hair and health. Scope and implications; Hair and happiness, hair and self-confidence both in men and women, Hair and social status. Hair as an identity creator, hair replanting trends.

UNIT: 4

Hair and Economics: Importance of understanding the economics hair cutting and styling industry; scope; employments; Investment on hair and an overview of the market.

REFERENCE:

*** 01. STYLING AT THE TOP**

Shivrama Bhandary, Jayashree Shetty, Manjula Publishing House, Bhopal (2019).

*** 02. SKIN & HAIR CARE BOOK**

Dr. Rajeev Sharma, Damaging Factors , Precautions & Cures) (2022)

*** 03. THE CARE OF THE SKIN AND HAIR**

William Allen Pausey, Nabu Press (2010)

*** 04. SKIN And HAIR**

J S Paricha and Ramji Gupta, National Book Trust, Delhi (2015)

PRACTICAL COURSE – 1

SAFETY AND MEASURES TO TREAT CUSTOMERS

**04 Hours per Week
75 Hours**

Course Objectives:

- 01.** To make students to get first and experience
- 02.** To gain the required skills of the sector
- 03.** To master the art of running a salon

PART - 1

- 01.** Meeting and understanding clients-recording and group discussions
- 02.** Understanding the demands of clients-responding to their queries
- 03.** Understanding hair, hair cutting/styling, using classical instruments
- 04.** Hair barbering and use of different modern gadgets
- 05.** Hair coloring, challenges and risks

PART -2

- 01.** Knowledge on Instruments and Machines used in salon
- 02.** Setting up a salon
- 03.** Language skill / speaking
- 04.** Maintenance of hygiene
- 05.** Safety equipment and measures

REFERENCE

01. NAILS, SKIN & HAIR (Human Facts)
Om Books, M Books international (2016)

02. STYLING AT THE TOP
Shivrama Bhandary, Jayashree Shetty, Manjula Publishing House, Bhopal
(2019)

03. THE CARE OF THE SKIN AND HAIR, William Allen Pausey, Nabu Press
(2010)

04. SKIN RULES, Jaishree Sharad, Kindle Edition (2018)